



825052 - Taco Dip

Source: K12 Culinary

Number of Portions: 32

Size of Portion: 2 TBSP

Components:

Meat/Alt:

Grains:

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Attributes:

HACCP Process: #1 No Cook

Ingredients	Measures	Instructions
825026R Seasoning Blend, Taco.....	1 Tbsp	CCP: No bare hand contact with ready to eat food. Prepare school made Taco Seasoning Blend according to recipe #825026.
001256 YOGURT,GREEK,PLN,NONFAT...	1 qt	Place yogurt and school made Taco Seasoning in a large storage container. Whisk until well combined, cover, and store in refrigerator. For best flavor, prepare one day in advance of service. Taco dip may be kept in the refrigerator for up to 3 days after preparation. CCP: Hold and Serve at 41° F or lower.

*Nutrients are based upon 1 Portion Size (2 TBSP)

Calories	17 kcal	Cholesterol	1 mg	Sugars	*0.9* g	Calcium	32.36 mg	6.61%	Calories from Total Fat
Total Fat	0.13 g	Sodium	23 mg	Protein	2.91 g	Iron	0.07 mg	1.86%	Calories from Saturated Fat
Saturated Fat	0.04 g	Carbohydrates	1.11 g	Vitamin A	26.5 IU	Water ¹	24.13 g	*0.09%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	0.04 g	Vitamin C	0.0 mg	Ash ¹	0.25 g	25.83%	Calories from Carbohydrates
								67.75%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.